



User Scenarios

**Practitioner
Scenario****Kristen's Gym**

Kristen's Gym has just bought a new (and improved) Impedimed DF50 and the accompanying software.

They are hoping to increase the longevity of the membership of current gym members. They are hoping to achieve this by proving to members that Kristen's Gym does help them get fit.

Kristen's Gym would like to show members:

- That they are making progress
- How their results compare to others who kept on the program.

Dr Eunnam

Dr Eunnam deals a lot with patients who suffer from weight problems. He purchased a DF50 so that he could easily track the progress of patients.

Dr Eunnam would like to see:

- Specific details of the body composition of each patient.
- A graph of the users progress over time.

**Client
Scenario****Therese**

Therese (18) feels that she is a little overweight and could be a bit fitter so she signs up for a 12 month plan with Kristen's Gym.

She goes to the gym regularly but doesn't appear to be losing weight. She goes to see a gym advisor. She has a reading taken from the DF50 and can easily see that she has in fact lost weight but gained muscle.

Therefore, Therese would need the software to:

- Show her a graph of where she started compared to where she is now (for an immediate comparison).
- Show her a graph of how she went over time (so she can possibly make her own estimates about her future gym attendance).
- Show how her progress can be compared to other people who were like her.

John

John (38) is obese. He has been instructed by Dr Eunnam to start regular gym sessions to lose the weight. John needs to know how he is going at different stages of the program to see if he is on track. He uses the DF50 at the gym to see for himself how he is doing so that he knows that he is on track when he goes to see Dr Eunnam.

John would like to see:

- Whether he has made the recommended weight loss for that checkpoint.